

Just Food?

Environment Resource Pack



Food is God's gift in creation, yet today it is often either cheap junk or an ethical nightmare. A Rocha UK's **Just Food?** Environment Resource Pack reclaims a biblical understanding of food as a source of celebration and joy, and as a means of cultivating God's Kingdom values of justice and restored relationships. The pack can be used for single services or a 5-week series. It includes:

- Five specially-made short films on food
- Five sermon outlines, with prayers, liturgies, songs and more
- Five group bible studies
- Extra resources for children, further reading and ideas for action.

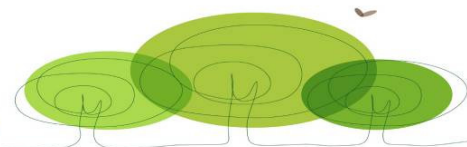
The pack is especially suitable for Harvest, Environment Sunday (nearest to June 5th), and Creation Time (1st September – 5th October)



Just Food? Contents: Films

(The first five are each c.5 minutes, and Just Growing is c.9 minutes.)

The first five include interviews with Prof. Michael Nortcott, Franciscan Brother Sam, Ruth Valerio, Kailean Khongsai, Anne Bookless, Jeremy Williams and Alex Smeed.)



- All Good Gifts Around Us (celebrating God’s gift of food – featuring)
- The Price we Pay for Food (thinking biblically about food systems)
- Just Food (justice, community and relationship)
- Bread of Life (living out the values of God’s Kingdom in our food)
- Feeding the Body of Christ (Holy Communion and the heavenly banquet)
- Just Growing – a film from A Rocha Canada & Five Door Films

Just Food? Contents: Printed & Audio-Visual Resources

1. All Good Gifts Around Us (celebrating God’s gift of food)

- Sermon (PDF and MS Word) based on Genesis 1:26-31 & John 2:1-11
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

2. The Price we pay for Food (thinking biblically about food systems)

- Sermon (PDF and MS Word) based on Leviticus 25:1-12, 18-24 & Luke 12:16-21
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

3. Just Food: Eat LESS (justice, community and relationship)

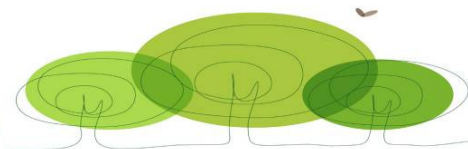
- Sermon (PDF and MS Word) based on 1 Corinthians 10:23-31 & Luke 4:14-21
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

4. Bread of Life (living out the values of God’s Kingdom in our food)

- Sermon (PDF and MS Word) based on Hosea 2:18-23 & John 6: 5-12, 48-51
- PowerPoint presentation to illustrate sermon
- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children’s Activities (PDF)

5. Feeding the Body of Christ (Holy Communion & the heavenly banquet)

- Sermon (PDF and MS Word) based on Luke 14:1, 7-24 & 1 Corinthians 12:12-27
- PowerPoint presentation to illustrate sermon



- Bible Study (PDF)
- Prayers (PDF and MS Word)
- Children's Activities (PDF)

6. Worship Resources

- Creation Care Creed (PDF) *(written by Lynda Taylor)*
- Holy Communion Liturgy on Food (PDF & MS Word) *(prepared by Rev Dave Bookless)*
- Informal Service Order (PDF & MS Word) *(prepared by Pippa Campbell-Clause)*
- Songs & Hymns (PDF)
- Tasty Morcels – Food Facts & Quotes (PDF) *(useful background for preachers, leaders)*
- “We are Blessed” (MP3, PDF & PowerPoint) *(song by Andy Flanagan)*

7. Going Deeper

- Just Food: Further Resources *(useful list of books, articles, films and websites)*
- ‘A Rocha UK Friends’ *(printable leaflet to sign up as a Friend of A Rocha UK)*
- ‘A few simple rules for Eating’ *(practical suggestions from Michael Pollan)*
- GrowZones *(introduction to a practical way of community food-growing)*
- ‘Thinking Christianly about Global Food Issues’ *(essential background paper from R J Berry)*
- ‘Jesus is coming: Plant a tree’ *(superb creation theology from N. T. [Tom] Wright)*
- ‘A Living Creature’ *(Biblical perspective on land use by Prof. Ellen Davis)*
- ‘Eucharistic Eating’ *(Essay on intensive meat-production as idolatry by Prof. Michael Northcott)*
- ‘Salmon and Sacrament’ *(Eucharist as protest against global capitalism by Prof. M. Northcott)*
- UN Agro-ecology Report
- Foresight Report - Future of Food & Farming *(summary of this important report)*



To purchase your copy of **Just Food?** please either:

- Order online using PayPal at www.arocha.org.uk/resources
- Send a cheque for £10 + £1.50 P&P made out to ‘A Rocha UK’ with a clear note stating that you wish to purchase a copy of **Just Food?**, to:
A Rocha UK, 18-19 Avenue Road, Southall, UB1 3BL

