



Have yourself a
sustainable
Christmas

with Less Waste Laura

tearfund

Morrison's and Waitrose ditch glitter for Christmas

By Tom Espiner
Business reporter, BBC News

14 October



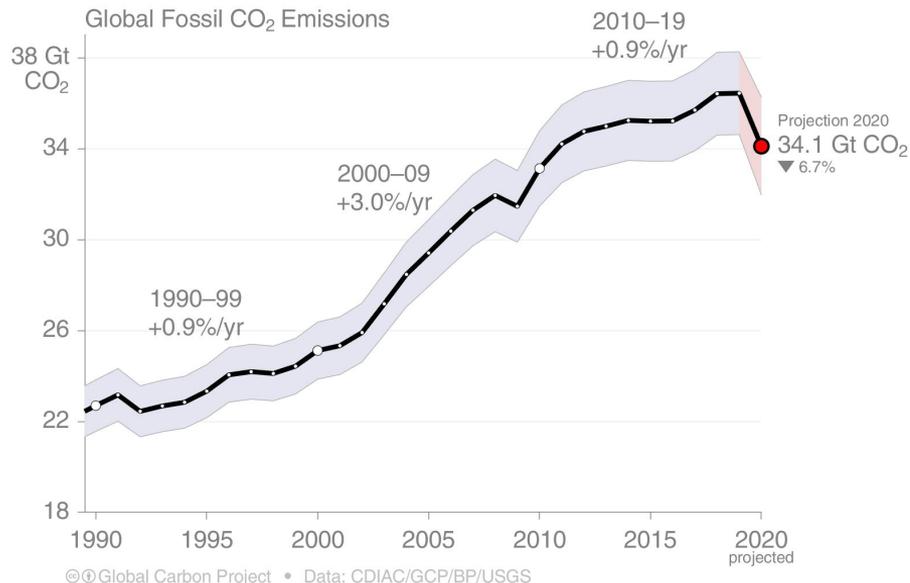
Waitrose to stop selling plastic toys in Christmas crackers from 2020

John Lewis Partnership also plans to reduce amount of glitter in products sold



Tearfund Action @TearfundAct · Dec 11

Breaking news 🇬🇧: the UK will stop funding fossil fuel projects around the world! We've campaigned & prayed for this #ClimateAction 🌍 success. A solid piece of global climate leadership @BorisJohnson @COP26 – more jobs in the UK & globally, cleaner air & a healthier planet.



Waste at Christmas

- 30% more waste at Christmas time
- 227,000 miles of wrapping paper (round the world 9 times)
- 8,000 miles of tinsel produced in the biggest UK factory
- 114,000 tonnes of plastic packaging thrown away and not recycled (16 times the weight of the Queensferry Crossing steel)





Plastic-free decorations

- Dried citrus fruits
- Salt dough decorations
- Old cards into boxes
- Origami Christmas trees
- Reusable advent calendar
- Crackers

Salt dough decorations

A person is shown from the chest down, rolling out a sheet of light-colored dough on a wooden surface. They are using a wooden rolling pin and a metal cookie cutter to shape the dough. The dough is laid out on a piece of parchment paper. To the left, there is a bag of flour with the brand name 'KORNGY' and 'Pšenice' visible. The person's hands are visible, and they are wearing a ring on their left hand. The background is a dark wooden table.

4 cups flour

1 cup salt

1.5 cups warm water

Bake at 150°C for an hour

A close-up photograph of numerous thin slices of dried citrus fruit, likely oranges or lemons, scattered across a light-colored, possibly metal, baking tray. The slices are arranged in a somewhat overlapping pattern. Some slices are a vibrant orange color, while others are a deep, dark brown, indicating they have been dried. The texture of the fruit is visible, showing the segments and the central pith. The background is a plain, light-colored surface.

Dried citrus fruit decorations

Citrus fruit of choice

Thinly slice

Bake at 120°C for 2/3 hours or
try the radiator technique



Christmas card gift
boxes and hanging
decorations

Plastic-free wrapping

- Old newspapers (the Metro)
- Brown paper with natural decorations
- Who Gives A Crap toilet roll wrapper
- Naked wrapping with reusable stockings!





Gift waste at Christmas

One billion Christmas cards are sold in the UK -

£700 million on unwanted presents -

21 million people receiving an unwanted gift -

6.8 million iOS and Android devices are activated
on Christmas day -



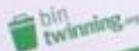
A few gift ideas...

- Secret Santa
- Gifts with a charity link
- Home baking
- Homemade soap, beauty products
- Small and local makers
- Experiences for 2021
- GiffGaff second hand appliances
- Sustainable brands
- Restaurant vouchers
- Propagated plants



bin twinning

YOUR BINS A TWINNED!



2 billion people are living among mountains of waste – because nobody collects it



A PROBLEM GOES AWAY
RECYCLING PLASTIC & OTHER
WASTE FROM YOUR AREA



AT LEAST A THIRD OF
WASTE IS BURNED
OR BURIED

Rubbish collections, safe disposal and recycling

In the world's poorest countries, a person dies every 30 seconds from diseases caused by plastic pollution and rubbish.

Bin twinning is helping to fund social enterprise enterprises in some of the world's poorest communities – to collect rubbish, dispose of it safely and recycle as much as possible. Many of these projects convert waste into items for sale – from compost to paving blocks. All of them create dignified jobs.

Social enterprises

Our partners are setting up brand-new social enterprises in poor neighbourhoods, to make people more aware of the link between waste pollution and health, and encourage them to sign up for the new waste collection services and reduce their plastic use.

Advocacy

Our partners are encouraging local communities to press for more action on the reduction of waste, they're calling in:

- companies to cut down on use such as single-use plastic bags and set up recycling initiatives and provide safe jobs for waste pickers
- governments in developing countries to introduce strong regulations that ensure much waste is produced from them is managed, and that these laws are upheld.

Bin twinning's parent company is also pressing for more action in developed nations through sustainable motivation, development, and support to help nations to do the same.

This bin is twinned with a plastics recycling centre in Uganda



Here are your bin twinning partners. Please share them with pride by attaching them to your rubbish recycling or green bin.

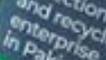
Tip: You will receive a letter the following of your rubbish recycling or green bin, and you will receive a letter if you wish to contact us.



This bin is twinned with a rubbish collection and recycling enterprise in Haiti



This bin is twinned with a rubbish collection and recycling enterprise in Pakistan



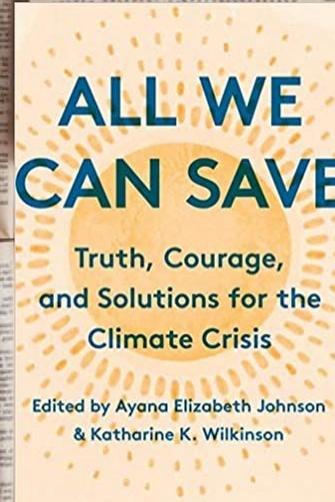
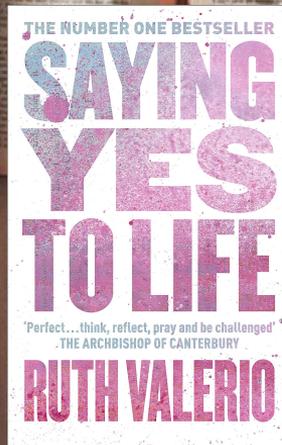
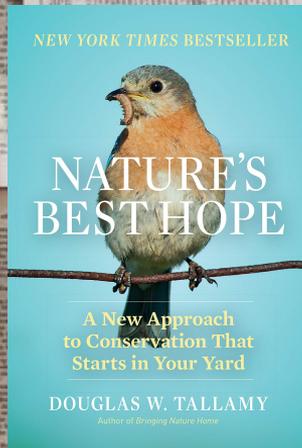
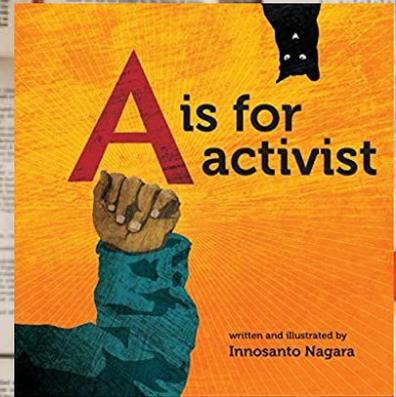
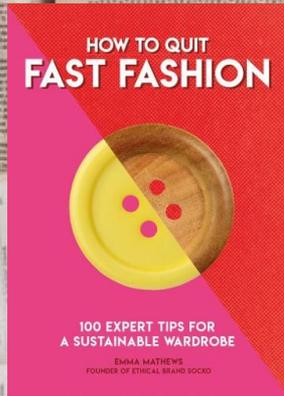
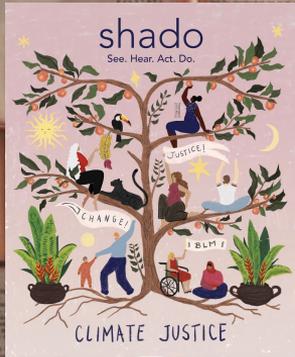


How to shop sustainably (even online)

- Try to avoid the big stores (Amazon etc)
 - Find where the item you are looking for is sold directly
- Support smaller brands
 - Etsy
 - Finding social media pages
- Can you find something secondhand?
 - Facebook marketplace
 - Gumtree
 - Ebay
- Sending stuff overseas
 - businesses based in country



Book recommendations



Food waste at Christmas

- 300 million plastic cups and straws at Christmas parties
- 4.2 million Christmas dinners wasted
 - 263,000 turkeys
 - 7.5 million mince pies
 - 740,000 slices of Christmas pudding
 - 11.9 million carrots
 - 11.3 million roast potatoes
 - 17.2 million sprouts

If all of this was recycled it could power an average-sized home for 57 years



Food waste at Christmas

- Plan your meal (this year will it be a turkey, or turkey crown?)
- Have recipes for the odds and ends
 - Boxing day bubble and squeak
 - Brussel sprout tacos
 - Mince pie ice cream
 - Christmas day soup
- Don't over buy in the run up to the big day
- We have from now until Christmas to make room and ensure nothing is left to waste beforehand
- Buying from local suppliers

The tree dilemma

- The tree debate

- 6 million real trees are sold in the UK each year
- A survey in 2017 revealed that 14% of people with a plastic tree discarded it in one year
- The Carbon trust reveals that a real Christmas tree has a significantly lower carbon footprint than an artificial tree.
 - A natural 2m tree disposed of in landfill produces 16kg of CO₂
 - A 2m tree disposed of responsibly (burning on a bonfire, planting it if it has roots, or being chipped) is 3.5kg of CO₂
 - A 2m plastic tree has 40kg of CO₂ and leaves plastic in a landfill for over 450 years!
- Tree For Life; reforesting the Scottish Caledonian forests

Fashion at Christmas

12 million Christmas jumpers sold every year (meanwhile 65 million sit in wardrobes being unworn)

If everyone wore a pre-loved outfit on Christmas day the CO2 emissions saved would be the equivalent of taking 56 million cars off the road for one day



Places to check on social media this festive season

- Zero Waste Scotland
#ChristmasTrimmings campaign
- Scottish Government Single-Use Plastics Consultation
- Traidcraft Injustice Advent Calendar



Leave no one behind by increasing support to those most vulnerable to the impacts of climate change, and by scaling up investment in renewable energy in developing countries

Unleash a clean energy revolution that boosts jobs across the UK, making our transport, power and housing fit for the future

Protect, restore and expand our green and wild spaces, allowing nature to thrive, taking carbon from the air and boosting health



Rebooting...



1) Add our Tearfund Action Prayer
Feed number +44 (0)7916 874441 to
your phone's contacts

2) Use WhatsApp to send the word
'PRAY' to us on the number above

3) You will be added to our list, and
we will send you prayer points every
1-2 weeks



tearfund

Prayer feed on WhatsApp



CLIMATE EMERGENCY TOOLKIT

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