

A Wee Liturgy of food:



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Welcome

Opening responses

Leader: Holy Creator, you give sustenance to all

All: Remind us what we need to be truly nourished

Leader: Loving Father, you fill us with good things

All: Remind us of those who go without

Leader: Challenging Christ, you bring good news to the poor

All: Remind us to share food and justice with all

Leader: Empowering Spirit, you challenge and inspire us

All: Move us to build a society where everyone has enough

Song

Word

A scripture reading: Romans 14:1-12 (or other)

A story or a newspaper article about sustainable food, food poverty etc.

And/or reflection

Reflection on a piece of art, a photograph, a piece of poetry.

Song

Response

Prayer of confession

Leader: Nourishing God, Creator of all, we confess the times when we have not shared your abundance justly

All: FORGIVE US AND OPEN OUR HEARTS

Leader: We confess the times when we have hurt the environment we are part of

All: FORGIVE US AND OPEN OUR HEARTS

Leader: We confess the times when we have closed our eyes, ears and hearts to the need of others and the world

All: FORGIVE US AND TURN OUR HEARTS INTO HEARTS OF FLESH THAT BEAT IN SOLIDARITY AND IN COMPASSION

Song or chant

Prayer of thanksgiving

Sustaining God, you have created the Earth with all its creatures, birds, fish, plants, rocks, animals and people. You have provided richly for all of us. We thank you for the gift and wonder of it all. Help us to realise that we are all connected and part of the network of life, not masters and merely users of it.

Jesus Christ, you who learned from the lilies of the field and the sparrows of the sky, we thank you for your wisdom.

Holy Spirit, you who came to comfort and teach us, we thank you for your challenging us.

Trinity of love, guide, inspire and direct us to share justly and live wisely on this planet and in this universe.

All: Amen

A symbolic action

For example: take an oatcake or shortbread passed around and share it with your neighbour

Affirmation of faith

The Lord's Prayer (perhaps in this inclusive form)

**Source of all life, our Companion in Heaven,
Hallowed be your name.**

**Your community come, your vision be realised on Earth
as it is in heaven.**

**Give us today all that truly sustains and nourishes us,
Free us from the harm we do and heal us from the harm done to us.
Shield and guide us in the times of trouble and deliver us from evil.
For the community, the vision and the joy are yours now and forever.
Amen**

Sending

Go now and let your heart be filled with wonder and thanksgiving for the abundance of the Earth.

Go now and share open-heartedly from what you have received.

Go now and love the people and the world around you.

All: Amen

Song

Blessing

May the blessing of the Creator,

The Redeemer

And the Challenger be yours

Now and forevermore

All: Amen



Suggested songs from various sources

Touch the Earth lightly

Enemy of apathy

Let us build a house

Beauty for brokenness
For everyone born a place at the table
Jesus Christ is waiting
Will you come and follow me

Taizé chants

The kingdom of God is justice and peace
Ubi caritas
Let all who are thirsty come