



# TEN TOP TIPS FOR SAVING ENERGY IN YOUR HOME



1.



## TURN OFF LIGHTS & STANDBY SWITCHES

This includes your kettle, iPad and phone chargers etc, which all use a bit of electricity even when not being used

2.



## CHANGE YOUR LIGHT BULBS TO LEDS

These use 6-10 times less electricity than old incandescent bulbs. Replacing halogen and incandescent light bulbs with LEDs is better for the environment than letting them run until they fail, whereas keeping CLF (the 'curly' long life bulbs) until they fail is better, putting them in places where they stay on for a long time as they use most electricity being turned on (like the old-fashioned strip lights).

3.



## ONLY FILL YOUR KETTLE WITH AS MUCH WATER AS YOU NEED

Also, kettles often keep boiling for longer than they need to, using more electricity than is necessary; so, it's worth keeping an eye on and switching off as soon as it is boiling

4.



## WASHING CLOTHES ON A 30 DEGREE WASH..

... is enough for most things

5.



## LEARN HOW YOUR HEATING CONTROLS WORK

This will mean that you can use them as efficiently as possible and therefore use less energy

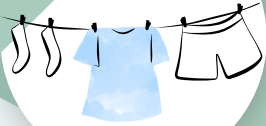


# TEN TOP TIPS FOR SAVING ENERGY IN YOUR HOME



6.

## HANG WASHING OUTSIDE...



... as often as possible, even if only to start off the drying process. If washing needs to be dried indoors try to hang it all in one room with the door closed so that damp is confined to one room, with some heating on. If the room has an extractor fan use this, or open a window later to ventilate the room.

7.

## TURN YOUR ROOM THERMOSTAT DOWN...



... by a degree or two (and be prepared to wear more clothes)

8.

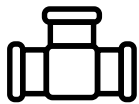
## GO THICK & THERMAL!



Thick, thermal curtains and blinds make a big difference, and closing them at dusk means they are already shut before the temperature drops suddenly

9.

## INSULATE, INSULATE



Insulating water tanks, pipes and putting reflector foil behind radiators on outside walls will all prevent heat escaping

10.

## DRAUGHTS ACCOUNT FOR A HUGE LOSS OF HEAT



Particularly check for draughts where:

- Pipes come through walls, floor or ceilings. Seal around using a flexible filler - silicon where there is damp (ie bathrooms, kitchen) and acrylic where you will paint or stain
- The floor, wall and skirting meet - seal as above